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Healthy Dining Alternative is an Excellent Option for Companies

Written by: Dawn Fears, CEO of Prestige Consulting Group LLC, a full service event planning company serving companies, individuals and institutions in Tennessee. The Veggie Café is a subsidiary of Prestige Consulting Group LLC.

How about serving up delicious vegetarian food at your next meeting or event? This is exactly what the doctor ordered for one business in Nashville. The Veggie Café, a mobile vegetarian kitchen in East Nashville's Riverside Village has been serving up food for a number of local businesses since opening its windows on July 1st, 2007. Dawn Fears, co-owner of The Veggie Café states that "A new dining trend is making inroads in Nashville. Companies desire healthier meal options for meetings and events so we receive several calls a day from local businesses with orders for their entire staff." With recent changes in corporate wellness awareness which include in-house gyms, healthier cafeteria menus, and more flex hours during the day to exercise, companies in Nashville have another option when it comes to catering their events and business meetings.

The Veggie Café has a \$7.00 daily special which has a rotating menu. This flexibility allows customers to enjoy something new and different every day which is another reason why this dining spot has become so popular in a short amount of time. The menu also contains signature wraps and delicious non-dairy smoothies. Call 615.495.8888 or email info@prestigeccg.com to have The Veggie Café cater your next event. They have a full menu available for breakfast, lunch and dinner.

The Veggie Café is fully licensed and insured catering company headquartered in Madison, Tennessee. Our business profile and scores are on file with the state and posted within our mobile kitchen. We look forward to serving you.